

Meeting the Needs of the Whole Family

Addiction is a family problem, and the entire family needs education and support. Harmony Foundation provides a 1 day outpatient Family Program. The Family and Friend Program is by invitation only. Space is allowed for up to 2 people per client. Children 7-12 of age are invited to the Betty Ford Children Program.

WHAT YOU CAN EXPECT

This workshop will address the following topics:

- · What is P.A.W.S?
- · What Does Your Recovery Look Like?
- · Developing a Personal Wellness Plan
- · Identify healthy strategies to support your loved one returning home from treatment
- · Understand healthy boundaries and learning to let go
- Learn why detaching with love is good for you and your loved one in early recovery
- · Identify Family Resources and Support Groups to assist in the recovery journey
- · Open Dialogue and Q&A session
- · AND love the person in your life who struggles with addiction without compromising your needs

August 8th, 9th, 22nd, 23rd 9 am-4 pm MST

COST

Free for the first family member, 2nd family member is \$100.00

Lunch will be provided

LOCATION

109 Cameron Drive, Fort Collins, CO 80525

CONTACT

For More Information Contact: Morgan Roy, Family Therapist 970-586-4491 mroy@harmonyfoundationinc.com

REGISTRATION

August 8th

harmonyfoundationinc.com/august8

August 9th

harmonyfoundationinc.com/august9

August 22nd

harmonyfoundationinc.com/august22

August 23rd

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ABOUT THE FACILITATOR

Morgan Roy has a Bachelors of Science in Applied Psychology with a specialization in Positive Psychology and a Masters in Marriage and Family Therapy from Regis University. Morgan has extensive experience working with family systems, couples, young adults, and adolescents. Morgan has training and education in Gottman Method couples therapy and is currently Level 2 certified and a certified leader of The Seven Principles of Making Marriage Work.